



Thursday, February 23, 2023

NEWS FROM The NEST

CONTACTS



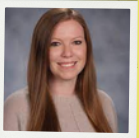
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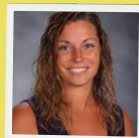
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It is hard to believe February is almost at its end!

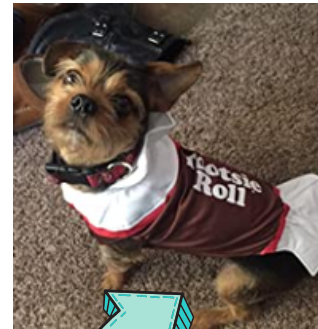
As a person who is a firm supporter of theme days/activities/events, I took a moment to look up what February 23 was for a celebration day. Two that piqued my interest were National Dog Biscuit Day and Tootsie Roll Day.

Here is some dinner table trivia for you:

What popular candy incorporates the tootsie roll? Tootsie Pop

How many different flavors of Tootsie Rolls are there? 17

Where did the inventor get the name for this candy? His daughter's nickname was Tootsie



**Not Zoe
Heard...but it
could be her
stunt double!**

This theme wouldn't be complete if there wasn't something for the dogs too....you will find some homemade dog treat recipes below to try as a family! I would love to see the pictures of your family making them and the dog's reaction! The Heard House will be participating along with you!

- [2 ingredient \(nut-free\) dog treats](#)
- [Peanut Butter and Banana Barkies](#)

WORK AVOIDANCE... COULD IT BE A LACKING SKILL SET?

Dealing with the push and pull of homework time and trying to figure out if a behavior being demonstrated is work avoidance or something more is a challenge that often we as parents would prefer to avoid. Here are some links that address this topic specifically. Please note, that while some of the resources reference ADHD and work avoidance, strategies can be used for any child regardless of an ADHD diagnosis.

- [Growing Minds Psychology](#)
-

SWALLOW FUN FRIDAY SCHEDULE

February 24: Swallow Gear

March 3: Gear up for March Madness in your jersey from any level

March 10: Swallow Gear

March 17: St. Patricks Day Green

March 24: Crayon Day...pick a color from head to toe

COLLABORATION CORNER

Help us, help you! Our team is not only here to help students, we are a resource for you too. If you have a question we can answer? Click the 'contact us' icon to submit your question or additional support you may need.





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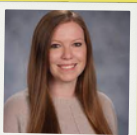
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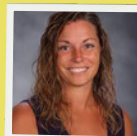
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OTHER ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			World Read Aloud Day: Authors and illustrators volunteer to read aloud to classrooms on this day. Sign up to have a volunteer visit your school at Kate Messner's blog .	Pura Belpré's Birthday: Acknowledge the first Latina librarian at the New York Public Library by displaying Pura Belpré award winners, and read aloud <i>Planting Stories: The Life of Librarian and Storyteller Pura Belpré</i> by Anika Denise.	Wild Bird Feeding Month: Winter can be a difficult time for birds to find food. Help our feathered friends with easy DIY bird feeders from Fabulessly Frugal.	Sweater Day: Have students wear sweaters and read <i>Lester's Dreadful Sweater</i> by K.G. Campbell. Design your own sweater for Lester.
		“There is no greater agony than bearing an untold story inside you.” — Maya Angel, <i>I Know Why the Caged Bird Sings</i>				
5	6	7	8	9	10	11
National Weatherperson's Day: Can it rain cats and dogs? Have students make up wacky weather events, use green screen technology, and create their own weather forecast.	Children's Authors and Illustrators Week: Get inspired by children's book displays from the Provo City Library.	Happy Book Birthday to <i>Woven of the World</i> by Kasey Howes, illustrated by Dinara Mintalпова. This picture book explores the global artform of weaving.	Black History Month: Read February's Read Across America choice, <i>Because Claudette</i> by Tracey Baptiste, a biography of the young activist whose arrest ultimately led to the Montgomery bus boycott.	Matt de la Peña's Birthday: Matt reads <i>Lost Stop on Market Street</i> aloud. Watch this video, complete with butterflies in a jar and a guitar.	Tomorrow is Mo'Willems' Birthday: Wish Mo a happy birthday by emailing him at MoMail@PigeonPresents.com or by sending pictures of cards from students and patrons to his Instagram and Twitter pages.	Inventor's Day: Share Vivian Kirkfield's <i>From Here to There: Inventions That Changed the Way the World Moves</i> and host some of the activities from the accompanying teacher guide .
12	13	14	15	16	17	18
Super Bowl Sunday: The Greenblade Snackers and the Redscakes are off to play football in Lisa Wheeler's <i>Dino-Football</i> . Who will win on Mega Bowl Sunday?	Get a Different Name Day: How fun would it be to have a secret agent name for a day? A magical name? Try a variety of name generators and find out!	Valentine's Day: Bring a bit of creativity to this day with LEGO® Valentine's Day Ideas for Little Bins for Little Hands or origami hearts for family and friends.	Library Lovers Month: On paper hearts, have students write why they love the library. Form the hearts into a large heart on a bulletin board.	Haiku Writing Month: Let's all write Haiku! It is so much fun to do! Share with me and you.	Random Acts of Kindness Day: Bring awareness to your school or library with ideas from the Random Acts of Kindness Foundation .	Thumb Appreciation Day: Read about the classic fairy tale <i>Tom Thumb</i> and have students make pictures with just their thumb prints.
19	20	21	22	23	24	25
Great Backyard Bird Count (Feb 17-20): Bring this program to your young learners with tips from Count Birds .	Presidents' Day: Share an amazing choice board from librarian Shannon McClintock Miller. Students will have fun learning about presidents, first ladies, and vice presidents.	Happy Book Birthday to <i>Bravo, Little Bird!</i> by Annie Silvestro, illustrated by Ramon Kaulitzi. It's a story of friendship between an old man and a bird who share a love of music.	George Washington's Birthday: After reading a book about the first U.S. president, make a paper bag George Washington puppet from <i>Surviving a Teacher's Salary</i> .	Digital Learning Day: Check out ABE's Digital Learning Day Resources for a day packed with innovative and inspiring ideas to engage students.	Tortilla Chip Day: Share <i>Round is a Tortilla</i> by Roseanne Greenfield Thong, illustrated by John Parra, and host a tortilla chip taste test.	Adopt a Rescued Rabbit Month: Author Cynthia Lord fosters homeless bunnies. Teach kids about how she cares for them by sharing more from Borrowing Bunnies .
26	27	28				
Tell a Fairy Tale Day: Have students act out a favorite fairy tale or fracture it for a silly retelling. Write a fairy tale using a storyboard program like Storyboard or Canva .	Happy Book Birthday tomorrow to <i>Something Wild</i> by Molly Ruttan. It's a story about a little girl, her violin, and overcoming stage fright.	Happy Book Birthday to <i>The Fire of Stars: The Life and Brilliance of the Woman Who Discovered What Stars Are Made Of</i> by Kirsten Larson, illustrated by Katherine Roy.				

February 2023
Children's Activity Calendar

More Fun Family Ideas

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